

5-9-2024 PACA Forming a Mentally Healthy Culture

09 - 09 May 2024

Poll results

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- In 2-3 words, what are the characteristics of a "mentally healthy workplace culture"?
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- What behavioral health risk are you most concerned about for your employees?

In 2-3 words, what are the characteristics of a "mentally healthy workplace culture"?

006



What are the outcomes/benefits of a "mentally healthy workplace culture"?

006



Where is your company on its mental health and wellbeing journey?

008

We have not really started



Going slow... taking "baby steps" and "wobbling"



Need more direction and some tangible examples to model



Doing more each year and seeing more buy-in from supervisors and workers



Fully confident that our workers and their families have all necessary resources



Would you be interested in learning more about the following topics:

002

The Human and Financial Costs of Substance Misuse in Your Workplace



Maximizing the Effectiveness of Your EAP



Shining Light on Suicide Prevention and How and When to Talk to Employees



Straight Talk on Addiction Treatment and Recovery



A Call to Action on Opioids and Naloxone in the Workplace and on Job Sites



What behavioral health risk are you most concerned about for your employees?

(1/2)

006

Stress and/or fatigue



Anxiety and/or depression



Heavy/Binge drinking of alcohol



Substance Use Disorder (Addiction)



Suicide risk



What behavioral health risk are you most concerned about for your employees?

(2/2)

006

Overdose risk from opioids

